

4.4 Physical Agility Testing.

An applicant for the position of career firefighter will be required to participate in six (6) different events for which he will be timed and tested. Scoring will be by pass/fail for all events, applicants will be allowed two attempts at each event. If an applicant pauses for more than five (5) seconds in any of the events it is an automatic disqualification for that event. Applicants who pass all events will be eligible for an oral interview.

(a) Shuttle Run. For this event two lines are marked parallel to each other, 25 yards apart. At one line six (6) spanner wrenches are placed next to each other. At the other end a tool box is placed. The applicant stands behind the line where the tool box is placed and, at the starting command, runs to the opposite line, picks up a spanner wrench and returns, placing it in the box. The applicant makes six round trips.

Total time for this event is one (1) minute, thirty (30) seconds. If a spanner wrench is dropped or misses the box, the applicant must pick it up immediately and place it in the box before continuing.

Time begins when the applicant crosses the start line and ends when he/she places the last wrench in the box.

(b) Wet Hose Load. In this event, five tightly rolled, fifty (50) foot lengths of wet three (3) inch fire hose will be placed flat on the ground beginning at a line marked six (6) feet from the rear of the apparatus and placed side by side in a straight line extending toward a start/finish line marked 18 feet to the rear of the apparatus. The applicant will, at the starting command, leave the starting line and transfer the five rolls of hose one at a time to the apparatus rear step. The hose rolls must be stacked one on top of the other in a single stack. If a hose is dropped or falls from the stack, there is no penalty. However, the applicant must pick it up and replace it on the stack on the tailboard. The applicant must complete the event in thirty five (35) seconds.

Time begins at the command "GO" and ends when the applicant crosses the finish line after completing the event.

(c) Search/Rescue. This event requires a charged fifty (50) foot length of fire hose to be placed on the floor of a maze through a series of obstacles which will involve climbing, crawling and negotiating a winding corridor. The applicant will be assisted into a helmet and SCBA mask.

At the starting command, he/she will follow the hose line through the maze course. There is no maximum time limit.

Time begins when the candidate crosses the start line and ends when he/she crosses the finish line.

(d) Stair Climb. In this event, the applicant will line up at the starting line outside the fire tower. He/she will be assisted into a turnout coat and air pack without the face mask. At the starting command, he/she will enter the building, pick up a loosely tied 1 1/2 inch hose bundle, place it over either shoulder and advance up four flights of stairs, touching every step.

The applicant must complete the event within twenty five (25) seconds and must advance up the stairs without skipping any steps. Failure to complete the event within the time limit will result in automatic disqualification. If the candidate fails on the first try he/she will be allowed the second attempt following a two (2) minute rest period. If the bundle is dropped, the candidate must pick it up immediately and continue.

Time begins at the command "GO" and ends when the applicant places both feet on the top landing of the fire tower.

(e) Ladder Climb. In this event, a thirty five (35) foot ladder will be set up against the fire tower with the top resting against an open window. The applicant will climb to the top of the ladder touching the top rung and descend. Once at the top, the applicant has a five (5) second pause limit before descending.

There is a maximum time limit.

(f) Line Advance. For this event, a 1 1/2 inch fire hose, charged to hydrant pressure, will extend from the fire hydrant to the test area. The tip of the nozzle will be placed at the starting line with the first fifty (50) feet of hose placed in a serpentine position at a right angle away from the starting line.

At the starting command, the applicant will pick up the nozzle and move through the doorway twenty feet (20'), turn right and advance the hose up the stairs. He/she will turn right and touch the nozzle to the wall.

Time begins when the applicant crosses the start line and ends when he/she touches the nozzle to the wall. The event must be completed in twenty five (25) seconds.